

16TH CASSIES 15KM - PORT ELIZABETH - 2019/01/26

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
1	49	355	MELIKHAYA	FRANS	IKHAMVA	M	28	SM	0.45.32	5
2	40	2349	MARIANO	EESOU	MADIBAZ	M	27	SM	0.47.06	5
3	654	2580	ZOLANI	NGQAQA	TINARHA	M	30	SM	0.47.23	5
4	282	356	LUYANDA	TSHANGANA	IKHAMVA	M	35	35-39M	0.47.42	5
5	283	385	ADRIAAN	GERWEL	IKHAMVA	M	22	SM	0.48.56	5
6	639	2508	ANDRE	KETCHEM	XCEL	M	35	35-39M	0.49.09	5
7	104	1836	XOLISA	NDLUMBINI	VUKANI	M	36	35-39M	0.50.36	5
8	636	384	DUWAYNE	LUCAS	XCEL	M	29	SM	0.51.09	5
9	537	4537	ABDI	HASSAN	TEMP	M	29	SM	0.51.17	0
10	482	515	ERIC	SIGXASHE	MOTHER	M	40	40-44M	0.51.25	5
11	552	1350	BRANDON	EFFENAAR	NEDBANK	M	22	SM	0.52.24	5
12	111	1458	GEORGE	NTSHILIZA	NEDBANK	M	39	35-39M	0.52.32	5
13	85	1620	ANELE	MALIZA	NEDBANK	M	40	40-44M	0.52.34	5
14	763	2568	TANDISILE	XOSHOBA	SAPPE	M	23	SM	0.53.11	5
15	684	2776	MANDILAZHE	NEL	SAPPE	M	24	SM	0.54.17	5
16	749	2797	SINATHI	MAFANGA	SAPPE	M	27	SM	0.54.26	5
17	337	1650	THANDO	BIXA	MADIBA	M	38	35-39M	0.54.32	5
18	108	1402	SANDILE	NGUNUZA	NEDBANK	M	36	35-39M	0.54.40	5
19	784	3068	THULANI	MDLALO	TRANSNET	M	33	SM	0.54.58	5
20	792	1896	XOLANI	NTEYI	VUKANI	M	40	40-44M	0.55.09	5
21	486	1735	NOEL	ADAMS	GELVAN	M	46	45-49M	0.55.15	5
22	483	3515	MILA	PASIYA	NEDBANK	M	39	35-39M	0.55.20	5
23	332	1127	BRADLEY	MACKENZIE	ACH	M	47	45-49M	0.55.27	5
24	284	362	KHAYALETHU	MAKALIMA	IKHAMVA	M	35	35-39M	0.56.29	5
25	99	944	MASANDE	MLONYENI	CHARLO	M	38	35-39M	0.56.30	5
26	213	3860	ZAMUBUNTU	TEYISE	CHARLO	M	42	40-44M	0.56.32	5
27	403	1170	DESMOND	ZIBI	ACH	M	55	55-59M	0.56.36	5
28	637	3443	GARNET	VAN BEILING	WALMER	M	43	40-44M	0.56.39	5
29	646	1365	SITHEMBISO	YOZO	NEDBANK	M	54	50-54M	0.57.02	5
30	183	1367	THOBILE	XATA	NEDBANK	M	44	40-44M	0.57.08	5
31	640	2523	MAXWELL	GOODMAN	XCEL	M	46	45-49M	0.57.09	5
32	464	1722	FRANCISCO	VAN DEN BERG	GELVAN	M	42	40-44M	0.57.17	5
33	95	1405	NTOMBESINTU	MFUNZI	NEDBANK	F	37	35-39F	0.57.22	5
34	88	1377	LINDOKUHLE	MAVATHA	NEDBANK	M	17	JM	0.57.41	4
35	600	4600	THALIA	SLATEM	TEMP	F	29	SF	0.57.42	0
36	370	3514	MZUKISI	KLAAS	NEDBANK	M	50	50-54M	0.58.16	5
37	447	1649	DARRELL	WICHT	MADIBA	M	55	55-59M	0.58.36	5
38	342	2040	HENRY	CRAUSE	DESPATCH	M	36	35-39M	0.58.48	4
39	361	1559	WELCOME	LOLIWE	NEDBANK	M	54	50-54M	0.59.09	5
40	132	1382	MUTEKILE	RASMENI	NEDBANK	M	54	50-54M	0.59.10	5
41	240	188	RUAN	SMALBERGER	CSEP	M	29	SM	0.59.20	3
42	57	2922	PHAPHAMA	GLADILE	TPTACEP	M	29	SM	0.59.21	3
43	481	1002	CRAIG	WILLIAMS	BODYCON	M	41	40-44M	0.59.36	4
44	667	1134	KHAYA	GWQETHA	XCEL	M	33	SM	1.00.19	3
45	665	1941	KENNETH	MENZE	BLUEBAY	M	57	55-59M	1.00.20	5
46	147	1599	LUVUYO	STEPHEN	NEDBANK	M	48	45-49M	1.00.25	5
47	471	282	ABDUL	WICOMB	MUIRITE	M	40	40-44M	1.00.29	4
48	369	2084	EVAN	LABUSCHAGNE	DESPATCH	M	30	SM	1.00.48	3
49	409	1719	ANDRE	OWNHOUSE	GELVAN	M	51	50-54M	1.01.14	5
50	699	1155	SAMUEL	EFFENAAR	XCEL	M	20	SM	1.01.26	3
51	178	1255	ERROL	WHITTAL	ELITEAC	M	43	40-44M	1.01.31	3
52	724	2660	SANDISO	NGXISHE	NMBMUN	M	48	45-49M	1.01.41	4
53	184	930	LLEWELLYN	BARNARD	CHARLO	M	29	SM	1.01.48	3
54	664	1120	BENNIE	STADLER	ACH	M	55	55-59M	1.02.18	5
55	182	1443	DENYS	WOLMARANS	NEDBANK	M	39	35-39M	1.02.23	3
56	281	366	ZOLANI	MABHONGO	IKHAMVA	M	32	SM	1.02.59	3
57	153	2350	GRAHAM	TERBLANCHE	MADIBAZ	M	54	50-54M	1.03.04	5
58	380	1740	BASIL	STEVENS	GELVAN	M	47	45-49M	1.03.14	4
59	501	4501	LUTHANO	NODADA	TEMP	M	30	SM	1.03.18	0
60	461	556	HANNO	ENGELBRECHT	RUN4C	M	20	SM	1.03.19	3
61	265	1189	KAYLA	NELL	CSEP	F	24	SF	1.03.21	4
62	415	418	KAASHIEF	PIETERSEN	CSEP	M	42	40-44M	1.03.34	3
63	84	843	PATRIC	MAKWENKWE	CHARLO	M	52	50-54M	1.03.35	5
64	328	1177	DARYL	NORTH	ACH	M	41	40-44M	1.03.36	3
65	727	171	NOKHOLO	HLEZUPONDO	SANDFEP	F	39	35-39F	1.03.40	5
66	701	784	DERICK	BAMBER	CRUSADE	M	31	SM	1.03.59	2
67	621	2496	CRAIG	RENSBURG	XCEL	M	42	40-44M	1.04.05	3
68	460	1713	GILROY	DOMINGO	GELVAN	M	46	45-49M	1.04.09	3
69	301	122	QAASIEM	ABADER	MALABAR	M	34	SM	1.04.14	2
70	463	2049	LEON	WEITSZ	DESPATCH	M	44	40-44M	1.04.30	3
71	346	2647	MSINDISI	MATSHOBENI	NMBMUN	M	40	40-44M	1.04.44	3

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
72	662	173	GEDDES	GALLANT	SANDFEP	M	52	50-54M	1.04.46	4
73	302	386	LUTHANDO	NXANISA	IKHAMVA	F	26	SF	1.04.55	3
74	786	1444	PHILANI	NYAWO	NEDBANK	M	16	JM	1.05.00	2
75	791	1178	ASANDA	ZAMISA	ACH	F	35	35-39F	1.05.01	4
76	100	993	THEMBEKILE	MSIPA	CHARLO	M	44	40-44M	1.05.46	3
77	404	1701	VERNON	NEWFELDT	GELVAN	M	52	50-54M	1.05.48	4
78	698	3060	FREEK	DANIELS	TRANSNET	M	52	50-54M	1.05.50	4
79	419	1479	MARGIE	SAUNDERS	NEDBANK	F	65	65-69F	1.06.02	5
80	618	2485	MBONGENI	MCETYWA	XCEL	M	35	35-39M	1.06.03	2
81	355	301	IAN	PATTERSON	MUIRITE	M	55	55-59M	1.06.08	5
82	344	2501	NIGEL	DANIELS	XCEL	M	43	40-44M	1.06.29	3
83	583	4583	JASON	SLIZIUK	TEMP	M	25	SM	1.06.31	0
84	395	2105	EUGENE	VAN ROOYEN	DESPATCH	M	37	35-39M	1.06.45	2
85	428	2513	CHRISTIAN	DU PREEZ	XCEL	M	49	45-49M	1.06.50	3
86	296	1665	NICO	SMITH	MADIBA	M	33	SM	1.06.52	2
87	685	3055	SLULAMI	JACK	TRANSNET	M	43	40-44M	1.06.54	2
88	107	1221	TERRAY	NEWCOMBE	ELITEAC	F	27	SF	1.06.58	3
89	204	948	THOMAS	MARAI	CHARLO	M	32	SM	1.06.59	2
90	325	323	CLIVE	VAN RAYNER	MUIRITE	M	51	50-54M	1.07.20	3
91	350	406	KELVIN	JOOSTE	XCEL	M	32	SM	1.07.22	2
92	505	4505	RUAN	VAN NIEKERK	TEMP	M	17	JM	1.07.24	0
93	167	1238	RUDI	VAN TONDER	ELITEAC	M	46	45-49M	1.07.26	3
94	659	1509	MAX	SOFUTE	NEDBANK	M	40	40-44M	1.07.27	2
95	134	2230	LYLE	ROCKMAN	MADIBAZ	M	24	SM	1.07.29	2
96	96	1386	NELSON	MGUBASI	NEDBANK	M	61	60-64M	1.07.30	5
97	527	4527	ROSS	DRYER	TEMP	M	45	45-49M	1.07.31	0
98	500	1008	MILES	HOLLINS	BODYCON	M	46	45-49M	1.07.32	3
99	318	2444	MONDE	NGXANGXA	DPWEC	M	38	35-39M	1.07.35	2
100	682	1892	KABELO	KADI	VUKANI	M	33	SM	1.07.36	2
101	663	1501	CLIFFORD	HICKEN	NEDBANK	M	61	60-64M	1.07.45	5
102	492	1718	CHARLES	BAATJIES	GELVAN	M	62	60-64M	1.07.50	5
103	306	1863	SIYABONGA	ZULU	VUKANI	M	37	35-39M	1.07.57	2
104	246	197	MORNE	GARDINER	CSEP	M	42	40-44M	1.07.59	2
105	411	1241	CLIVE	CLAASSENS	ELITEAC	M	35	35-39M	1.08.00	2
106	61	2217	LINTON	HARMSE	MADIBAZ	M	55	55-59M	1.08.25	4
107	417	1530	MIRACLE	CHAUKE	NEDBANK	M	35	35-39M	1.08.28	2
108	53	1323	ETIENNE	GERBER	VWAC	M	48	45-49M	1.08.33	3
109	431	1709	STANTON	JACKSON	GELVAN	M	47	45-49M	1.08.34	3
110	641	1707	PETER	WILDSCHUT	GELVAN	M	42	40-44M	1.08.36	2
111	271	148	NAASIR	LOUIS	MALABAR	M	22	SM	1.08.45	2
112	743	9000	SIMAMNKELE	JACOBS	TEMP	M	19	JM	1.08.46	0
113	268	134	IGHSAAN	ISAACS	MALABAR	M	53	50-54M	1.08.49	3
114	444	2050	EDVIN	DONLEY	DESPATCH	M	41	40-44M	1.08.59	2
115	169	4169	MONDRE	GALLANT	TEMP	M	30	SM	1.09.07	0
116	670	2492	ALBERT	NGCANGA	XCEL	M	68	65-69M	1.09.20	5
117	551	2562	ZUKILE	GODUKA	TINARHA	M	42	40-44M	1.09.29	2
118	413	190	MARIUS	FERREIRA	CSEP	M	50	50-54M	1.09.35	3
119	430	1898	AYANDA	FAKU	VUKANI	M	31	SM	1.09.36	2
120	630	1693	CHARL	PIENAAR	MADIBA	M	36	35-39M	1.09.42	2
121	681	221	SAPHO	NKATA	CSEP	M	41	40-44M	1.09.44	2
122	367	2115	JEAN-PIERRE	ROUX	DESPATCH	M	31	SM	1.09.47	2
123	601	1152	ANCHE	SCHUBART	ACH	F	37	35-39F	1.09.58	3
124	243	1659	HANNES	ELS	MADIBA	M	69	65-69M	1.09.59	5
125	392	1711	JACOBUS	JULIUS	GELVAN	M	44	40-44M	1.10.01	2
126	779	3537	ABDUL	LILLAH	PROFILES	M	29	SM	1.10.14	2
127	222	45222	JOHN	PARRY	TEMP	M	51	50-54M	1.10.15	0
128	437	551	RODGER	GYSMAN	RUN4C	M	45	45-49M	1.10.22	2
129	379	2483	CHESTER	BROOKS	XCEL	M	60	60-64M	1.10.27	4
130	212	880	AMORE	STRAUSS	CHARLO	F	34	SF	1.10.28	2
131	446	2013	JUANITA	CLAASSEN	VWAC	F	30	SF	1.10.36	2
132	136	855	GREGORY	ROSS	CHARLO	M	45	45-49M	1.10.47	2
133	658	2022	NEEVRA	BELLINGAN	DESPATCH	F	32	SF	1.10.47	2
134	569	91471	ZUKILE	PIPE	NEDBANK	M	40	40-44M	1.10.56	2
135	171	1594	AMBESA	TOKWE	NEDBANK	M	15	JM	1.11.05	2
136	423	1007	JANETTE	SCHIERZ-CRUSIUS	BODYCON	F	58	55-59F	1.11.12	5
137	472	1418	PRISCILLA	DYANTYI	NEDBANK	F	44	40-44F	1.11.33	3
138	439	2511	PHILLIP	DU PLESSIS	XCEL	M	48	45-49M	1.11.34	2
139	700	407	EUGENE	VAN WYK	XCEL	M	47	45-49M	1.11.35	2
140	10	979	TANYA	BENTLEY	CHARLO	F	26	SF	1.11.36	2
141	574	4574	WILLIAM	WILSON	TEMP	M	42	40-44M	1.11.37	0
142	420	370	LIZO	MOHAPI	IKHAMVA	M	28	SM	1.11.57	2
143	44	872	CINDY	FORBES	CHARLO	F	41	40-44F	1.12.02	3

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
144	303	1264	CORNE	MOSTERT	ELITEAC	M	27	SM	1.12.30	2
145	559	4559	KAUSTAV	MITRA	TEMP	M	26	SM	1.12.34	0
146	678	1522	SITHEMBILE	MPAKO	NEDBANK	M	58	55-59M	1.12.41	3
147	321	342	BRUCE	LE GRANGE	MUIRITE	M	26	SM	1.12.42	2
148	180	205	LUDINE	WILLIAMS	CSEP	F	31	SF	1.12.45	2
149	399	4399	DALE	STOCK	TEMP	M	39	35-39M	1.12.46	0
150	232	571	ARTHUR	WILLIAMS	RUN4C	M	56	55-59M	1.12.47	3
151	467	1084	SIZINZO	KAMA	ACH	M	67	65-69M	1.12.53	4
152	563	4563	SIVUYILE	QUSHEKA	TEMP	M	38	35-39M	1.12.56	0
153	653	2772	LAURENTIUS	ZEELIE	SAPPE	M	49	45-49M	1.13.03	2
154	22	2315	ANTHONY	BUTTON	MADIBAZ	M	57	55-59M	1.13.11	3
155	455	2051	HELGARD	POTGIETER	DESPATCH	M	46	45-49M	1.13.17	2
156	335	2073	STEPHEN	PHILLIPSON	DESPATCH	M	55	55-59M	1.13.18	3
157	609	1282	SEBASTIAN	HAARHOFF	VWAC	M	41	40-44M	1.13.18	2
158	43	1160	DEAN	FINLAY	ACH	M	52	50-54M	1.13.19	2
159	109	1582	PATRICK	NOKWE	BIGHOUSE	M	57	55-59M	1.13.22	3
160	589	4589	SIVUYILE	MHLIFILI	TEMP	M	39	35-39M	1.13.25	0
161	210	2371	LUTHANDO	NDZAMBO	MADIBAZ	M	35	35-39M	1.13.31	2
162	454	206	BENNITUS	WELCH	CSEP	M	44	40-44M	1.13.32	2
163	535	4535	ZUKO	NTAPU	TEMP	M	26	SM	1.13.34	0
164	159	2081	HANLIE	VAN DER WESTHUIZEN	DESPATCH	F	62	60-64F	1.13.35	5
165	2	152	LUQMAAN	ADAMS	MALABAR	M	47	45-49M	1.13.36	2
166	269	132	FUARD	DE JAGER	MALABAR	M	40	40-44M	1.13.36	2
167	787	1681	GERRIT	FYVER	CHARLO	M	34	SM	1.13.45	2
168	566	4566	LUYANDA	NOTWANA	TEMP	M	32	SM	1.13.49	0
169	543	4543	ABRÉ	GOUSSARD	TEMP	M	34	SM	1.13.52	0
170	466	2027	LERENZO	FRANCIS	DESPATCH	M	32	SM	1.13.56	2
171	604	2057	LESLEY ANN	BUSH	DESPATCH	F	46	45-49F	1.13.59	3
172	103	754	CELESTIN	NDHLOVU	CRUSADE	M	46	45-49M	1.14.07	2
173	748	1198	MARC	RIEDER	ACH	M	44	40-44M	1.14.10	2
174	496	2525	DAMIAN	OLIVER	XCEL	M	27	SM	1.14.15	2
175	707	1658	RUAN	BROWN	MADIBA	M	30	SM	1.14.16	2
176	728	51540	SIZIBULE	DIBELA	ESKOM	F	31	SF	1.14.24	0
177	679	1253	MICHELLE	VAN DER WATT	ELITEAC	F	51	50-54F	1.14.33	4
178	680	1247	HENRY	VAN DER WATT	ELITEAC	M	53	50-54M	1.14.34	2
179	244	1978	HANSIE	ELS	SOMEAST	M	70	70+M	1.14.40	5
180	274	1252	CHAD	WEWERS	ELITEAC	M	25	SM	1.14.43	2
181	384	349	WERNER	GERBER	MUIRITE	M	51	50-54M	1.14.45	2
182	365	765	LESLIE	FERREIRA	CRUSADE	M	23	SM	1.14.57	2
183	730	319	KERNEELS	MEINTJIES	MUIRITE	M	59	55-59M	1.15.02	2
184	627	2927	THELMA	MCOPELO	TPTACEP	F	36	35-39F	1.15.06	2
185	105	4105	HEIN	BARNARD	TEMP	M	35	35-39M	1.15.17	0
186	362	1148	PERCY	DALTON	ACH	M	70	70+M	1.15.19	4
187	131	176	REUBEN	RALANE	SANDFEP	M	56	55-59M	1.15.43	2
188	275	1251	CLIVE	WEWERS	ELITEAC	M	58	55-59M	1.15.46	2
189	300	506	OLWETHU	BOMVANA	MOTHER	F	32	SF	1.15.49	2
190	421	2059	YVETTE	JONKER	DESPATCH	F	46	45-49F	1.15.50	2
191	161	4161	KELLY	FULLER	TEMP	F	28	SF	1.15.55	0
192	581	4581	SIYAVUYA	NTSWAHLANA	TEMP	M	39	35-39M	1.15.55	0
193	305	2490	JAYD	BURGINS	XCEL	M	33	SM	1.15.59	1
194	516	4516	NATALIE	VAN DER LINDE	TEMP	F	34	SF	1.16.11	0
195	358	1293	MELANIE	WEIDEMANN	VWAC	F	33	SF	1.16.18	2
196	607	195	RUAN	WELGEMOED	CSEP	M	24	SM	1.16.30	1
197	626	4	ERROL	ROSSOUW	PEAAC	M	69	65-69M	1.16.34	3
198	526	4526	AMORAY	THEUNISSEN	TEMP	F	25	SF	1.16.35	0
199	487	1736	ELIZE	ADAMS	GELVAN	F	44	40-44F	1.16.37	2
200	519	4519	AHMED	AASIEF-ALI	TEMP	M	20	SM	1.16.38	0
201	506	4506	KYLE	VERMOOTEN	TEMP	M	27	SM	1.16.44	0
202	368	3080	KAREL	DANIELS	TRANSNET	M	52	50-54M	1.16.50	2
203	474	1952	VUSI	MSUTHWANA	BLUEBAY	M	47	45-49M	1.17.06	2
204	488	2597	LONWABO	NDLALANI	NMBMUN	M	41	40-44M	1.17.06	2
205	628	2939	NKHATHALLEN	KHIBA	TPTACEP	F	37	35-39F	1.17.15	2
206	676	1300	VERNON	NAIDOO	VWAC	M	49	45-49M	1.17.21	2
207	796	24544	AUDILE	DLAMINI	VITALITY	M	45	45-49M	1.17.23	0
208	402	201	JOSEPH	BAIN	CSEP	M	59	55-59M	1.17.29	2
209	76	547	JACQUES	LANGLEY	RUN4C	M	30	SM	1.17.30	1
210	620	1481	MFUNDISO	LUVALO	NEDBANK	M	49	45-49M	1.17.31	2
211	391	520	FUMANEKILE	BASKITI	MOTHER	M	52	50-54M	1.17.36	2
212	338	2099	ELZABE	PHILLIPSON	DESPATCH	F	35	35-39F	1.17.38	2
213	64	841	LESTER	HEN-BOISEN	CHARLO	M	51	50-54M	1.17.46	2
214	163	2331	CANDICE	VAN ROOYEN	MADIBAZ	F	21	SF	1.17.50	2
215	520	4520	MPHO	MOTLHAPAMAFI	TEMP	M	32	SM	1.17.55	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
216	480	283	LORENZO	SAMUELS	MUIRITE	M	33	SM	1.17.56	1
217	46	885	CHRIS	FOURIE	CHARLO	M	39	35-39M	1.17.59	1
218	125	912	PETER	POHLMANN	CHARLO	M	55	55-59M	1.17.59	2
219	142	939	MXOLISI	SIZIBA	CHARLO	M	48	45-49M	1.18.09	2
220	709	1269	TEBOHO PETER	SWARTBOOI	VWAC	M	38	35-39M	1.18.14	1
221	523	1242	KORNE	PRETORIUS	ELITEAC	M	15	JM	1.18.15	1
222	359	278	CATHY	CURTAIN	MUIRITE	F	48	45-49F	1.18.16	2
223	324	3050	PAIGE	LEE	32GI	F	52	50-54F	1.18.17	2
224	525	4525	CHARMAINE	BYLEVELD	TEMP	F	41	40-44F	1.18.18	0
225	619	3500	SIPHO	NCANDANA	BIGHOUSE	M	62	60-64M	1.18.22	2
226	179	899	A J	WILLIAMS	CHARLO	M	32	SM	1.18.24	1
227	378	555	JOHAN	ENGELBRECHT	RUN4C	M	54	50-54M	1.18.26	2
228	60	892	SHAYNE	HARDIMAN	CHARLO	M	48	45-49M	1.18.28	2
229	479	2139	LEXIE	BYRNE	MADIBAZ	F	28	SF	1.18.35	2
230	584	4584	MAKHOSANDILE	NGQUSE	TEMP	M	42	40-44M	1.18.35	0
231	376	3174	JEANETTE	VAN TONDER	UPANDRUN	F	36	35-39F	1.18.37	2
232	518	4518	MFEZI	MCINGANA	TEMP	M	43	40-44M	1.18.38	0
233	162	1250	PETER	VAN RENSBURG	ELITEAC	M	60	60-64M	1.18.47	2
234	742	1847	BONGA	FUNANI	VUKANI	M	34	SM	1.18.50	1
235	418	1848	TEMLAKAZI	GOQWANA	VUKANI	F	30	SF	1.18.53	2
236	725	50200	NTOBOKO	MKUMLA	QOKOL	M	43	40-44M	1.18.53	0
237	266	1656	MARIUS	ZEELIE	MADIBA	M	53	50-54M	1.19.02	2
238	97	2961	XOLANI	MHLANGA	TPTACEP	M	46	45-49M	1.19.03	2
239	188	30370	ROBERT	BUTTON	OLDSELB	M	59	55-59M	1.19.04	0
240	616	1335	SABIR	SALIE	VWAC	M	31	SM	1.19.07	1
241	414	174	WELLINGTON	TSHINGANE	SANDFEP	M	48	45-49M	1.19.09	1
242	661	1394	SANDISWA	ADAMS	NEDBANK	F	33	SF	1.19.14	2
243	291	50	NADIA	WESSELS	PEAAC	F	48	45-49F	1.19.14	2
244	538	4538	DEON	CLAASSEN	TEMP	M	43	40-44M	1.19.16	0
245	393	2090	MARISKA	OLIVIER	DESPATCH	F	31	SF	1.19.30	1
246	550	4550	FABIAN	SMITH	TEMP	M	36	35-39M	1.19.39	0
247	642	1705	EUGENE	AFRICA	GELVAN	M	51	50-54M	1.19.40	2
248	67	1218	FRANCOIS	JANSE VAN RENSBURG	ELITEAC	M	28	SM	1.19.46	1
249	299	1228	ERIC	BOSCH	ELITEAC	M	37	35-39M	1.19.46	1
250	352	1851	MPITILE	TSOKA	VUKANI	M	38	35-39M	1.19.51	1
251	547	4547	BONGILE	PANDLE	TEMP	M	54	50-54M	1.19.56	0
252	217	992	PETER	VENTER	CHARLO	M	38	35-39M	1.19.58	1
253	674	449	GEOFFERY	MLAWU	COEGA	M	55	55-59M	1.20.04	2
254	89	2482	JEROME	MAY	XCEL	M	52	50-54M	1.20.15	2
255	118	2261	BERNARD	PETERSEN	MADIBAZ	M	53	50-54M	1.20.28	2
256	195	953	CYNTHIA	HEYNS	CHARLO	F	35	35-39F	1.20.32	2
257	397	4397	EUGENE	VAN TONDER	TEMP	M	37	35-39M	1.20.33	0
258	605	1246	DEWALT	VAN VUUREN	ELITEAC	M	36	35-39M	1.20.34	1
259	711	1866	BABALWA	MELITAFU	VUKANI	F	38	35-39F	1.20.34	2
260	424	1714	ROLAND	DACE	GELVAN	M	64	60-64M	1.20.35	2
261	494	84	LANCE	PETERSEN	PEAAC	M	46	45-49M	1.20.38	1
262	561	4561	NEIL	DICKSON	TEMP	M	37	35-39M	1.20.46	0
263	453	2480	NTOMBENTSHA	NAZO	IKHAMVA	F	34	SF	1.20.50	1
264	144	844	CLINTON	SMITH	CHARLO	M	33	SM	1.21.02	1
265	599	4599	JULIA	HOFART	TEMP	F	40	40-44F	1.21.16	0
266	557	4557	ASANDA	GROOTBOOM	TEMP	M	34	SM	1.21.32	0
267	83	2215	WAYNE	MAC GEAR	MADIBAZ	M	55	55-59M	1.21.38	2
268	23	1904	RUDY	BUYS	BLUEBAY	M	42	40-44M	1.21.40	1
269	650	1100	GARRETH	JACOBSON	ACH	M	43	40-44M	1.21.56	1
270	649	1028	PAUL	JOHNSON	BODYCON	M	51	50-54M	1.21.56	1
271	312	337	JOHANNES	HERBST	MUIRITE	M	72	70+M	1.21.57	2
272	374	2075	RIAN	VAN DER MERWE	DESPATCH	M	47	45-49M	1.22.03	1
273	270	1320	PLAAITJIE	DAMONS	VWAC	M	55	55-59M	1.22.04	2
274	747	1858	KAYALETHU	MFONO	VUKANI	M	44	40-44M	1.22.05	1
275	408	2062	DANIEL	PIETERSE	DESPATCH	M	56	55-59M	1.22.08	2
276	497	2519	LIZETTE	OLIVIER	XCEL	F	32	SF	1.22.08	1
277	484	1921	PHILLIP	DYAKALA	BLUEBAY	M	54	50-54M	1.22.11	1
278	469	1716	DERICK	GOLIATH	GELVAN	M	55	55-59M	1.22.22	1
279	458	561	DARRYL	CALVERT	RUN4C	M	43	40-44M	1.22.25	1
280	236	1304	CLINT	JONAS	VWAC	M	31	SM	1.22.29	1
281	207	904	SAMANTHA	MUKHEIBIR	CHARLO	F	40	40-44F	1.22.38	1
282	86	896	GAVIN	MATTHEWS	CHARLO	M	43	40-44M	1.22.50	1
283	146	497	MBULELO	SOBIKWA	WALMER	M	64	60-64M	1.22.58	2
284	394	2037	ANIZE	GERBER	DESPATCH	F	46	45-49F	1.23.05	2
285	249	1022	IVO	MEYER	BODYCON	M	44	40-44M	1.23.06	1
286	92	1576	DELIWE	MDUMISENI	NEDBANK	M	34	SM	1.23.07	1
287	298	1229	ELAINE	BOSCH	ELITEAC	F	35	35-39F	1.23.15	1

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
288	708	1201	CHARL	DE LANGE	MADIBA	M	34	SM	1.23.17	1
289	533	4533	FREDERIK	VAN DER WESTHUIZEN	TEMP	M	25	SM	1.23.28	0
290	622	1939	ANNELIZE	SHERGOLD-SMITH	BLUEBAY	F	38	35-39F	1.23.39	1
291	465	2021	BONITA	WEITSZ	DESPATCH	F	46	45-49F	1.23.43	2
292	313	2070	FANIE	CLAASSEN	DESPATCH	M	61	60-64M	1.23.43	2
293	5	225	JOHN	APPELS	CSEP	M	44	40-44M	1.23.55	1
294	79	1220	CLAUDETTE	LE ROUX	ELITEAC	F	34	SF	1.24.00	1
295	401	2118	WILLEMEN	DU RANDT	DESPATCH	F	44	40-44F	1.24.00	1
296	493	1116	PETER	GIDDY	ACH	M	68	65-69M	1.24.04	2
297	17	949	AYANDA	BOTHA	CHARLO	M	39	35-39M	1.24.09	1
298	39	913	LEE-ANNE	DU PREEZ	CHARLO	F	43	40-44F	1.24.13	1
299	112	931	ANDILE	NYOKA	CHARLO	M	46	45-49M	1.24.17	1
300	267	651	WALEED	HAMMOND	ASPEN	M	37	35-39M	1.24.18	1
301	186	986	KIRSTY	BOSHOF	CHARLO	F	40	40-44F	1.24.18	1
302	317	2085	JACOBUS	WYATT	DESPATCH	M	55	55-59M	1.24.22	1
303	294	1951	RENEE	HAWKRIDGE	BLUEBAY	F	67	65-69F	1.24.24	3
304	356	1963	LISA	SHARP	BLUEBAY	F	38	35-39F	1.24.25	1
305	354	306	CLYDE	LOTTERING	MUIRITE	M	31	SM	1.24.26	1
306	633	670	MORNE	DU PLESSIS	ASPEN	M	40	40-44M	1.24.28	1
307	151	558	BURNITA	STRYDOM	RUN4C	F	50	50-54F	1.24.39	2
308	280	2520	DAVID	BAINS	XCEL	M	52	50-54M	1.24.46	1
309	406	1734	LUCIANO	ROBERTS	GELVAN	M	23	SM	1.24.53	1
310	385	3528	YVETTE	DE VILLIERS	ASPEN	F	33	SF	1.25.09	1
311	539	4539	DZEVU	GILBERT	TEMP	M	43	40-44M	1.25.13	0
312	341	580	BRIAM	FANTON	RUN4C	M	57	55-59M	1.25.14	1
313	433	704	BYRON	LYNCH	CRUSADE	M	27	SM	1.25.16	1
314	638	2932	VINCENT	MAPOE	TPTACEP	M	38	35-39M	1.25.16	1
315	582	4582	LUNGISA	MKOSI	TEMP	M	31	SM	1.25.25	0
316	389	2043	ZIRK	HAEFELE	DESPATCH	M	41	40-44M	1.25.35	1
317	794	1853	SIDWELL	MATINYANE	VUKANI	M	53	50-54M	1.25.37	1
318	540	4540	PHILLIP	SAPORTA	TEMP	M	28	SM	1.25.38	0
319	129	2196	GREGORY	PURCELL	MADIBAZ	M	28	SM	1.25.46	1
320	7	2202	JABU	BAM	MADIBAZ	M	33	SM	1.25.53	1
321	541	4541	AMANDA	HOWLETT	TEMP	F	37	35-39F	1.26.06	0
322	139	1975	MARICIA	SCHULPFORT	SOMEAST	F	32	SF	1.26.07	1
323	333	2041	BIANCA	ROBERTS	DESPATCH	F	30	SF	1.26.08	1
324	215	905	JANET	VAN NIEKERK	CHARLO	F	42	40-44F	1.26.11	1
325	145	2095	CHRISTINE	SNYMAN	DESPATCH	F	62	60-64F	1.26.34	2
326	69	3056	RONALD	JANTJIES	TRANSNET	M	46	45-49M	1.26.36	1
327	279	475	DANIE	VAN RENSBURG	WALMER	M	56	55-59M	1.26.43	1
328	140	1017	ECKART	SCHUMANN	BODYCON	M	73	70+M	1.26.49	2
329	710	1326	BUYILE	GQUBULE	VWAC	M	51	50-54M	1.26.53	1
330	135	975	MARIETJIE	ROOTMAN	CHARLO	F	49	45-49F	1.26.53	1
331	478	32	LANCE	SHORTT	PEAAC	M	67	65-69M	1.26.54	1
332	241	198	RIAN	SMALBERGER	CSEP	M	64	60-64M	1.27.05	1
333	229	1704	KEITH	SEZOE	GELVAN	M	48	45-49M	1.27.08	1
334	416	22	MICHELLE	MEYER	PEAAC	F	38	35-39F	1.27.12	1
335	381	353	BAFUMANE	NYANGA	IKHAMVA	M	58	55-59M	1.27.17	1
336	203	4203	NKULULEKO	MOLOSI	TEMP	M	40	40-44M	1.27.24	0
337	190	1905	GANIEF	DAVIDS	BLUEBAY	M	52	50-54M	1.27.27	1
338	30	2089	CARIN	COETZEE	DESPATCH	F	42	40-44F	1.27.28	1
339	15	2097	ILANA	BOSHOF	DESPATCH	F	39	35-39F	1.27.29	1
340	412	1029	NICHOLAS	KILFOIL	BODYCON	M	54	50-54M	1.27.39	1
341	456	291	RUSSELL	HISCOCK	TEMP	M	45	45-49M	1.27.41	0
342	405	405	UNKNOWN		TEMP	M	33	SM	1.27.41	0
343	250	496	LYNETTE	SMUTS	WALMER	F	52	50-54F	1.27.42	1
344	364	545	RUHAN	VAN RENSBURG	RUN4C	M	26	SM	1.27.45	1
345	554	6761	JACQUES-PIERRE	BEKKER	TEMP	M	25	SM	1.27.46	0
346	705	626	MELISSA	BEZUIDENHOUDT	ASPEN	F	29	SF	1.27.50	1
347	617	52	REGARDT	STRYDOM	PEAAC	M	38	35-39M	1.27.51	1
348	722	457	THEO	HALGREEN	WALMER	M	48	45-49M	1.27.53	1
349	713	456	TRACEY-LYNNE	HERMAN	WALMER	F	46	45-49F	1.27.54	1
350	625	1464	LINTON	LE GRANGE	NEDBANK	M	52	50-54M	1.28.04	1
351	237	16	MAUSEREEN	PETERSEN	DESPATCH	F	45	45-49F	1.28.05	1
352	238	2754	CRAIG	PETERSEN	SAPPE	M	44	40-44M	1.28.06	1
353	27	903	KESVAL	CHETTY	CHARLO	M	54	50-54M	1.28.06	1
354	528	4528	MARINE	BELTRAN	TEMP	F	29	SF	1.28.07	0
355	427	715	JUAN-PIERRE	DESCHAMPS	CRUSADE	M	27	SM	1.28.07	1
356	4	150	YOUNUS	AMOD	MALABAR	M	65	65-69M	1.28.08	1
357	445	2002	SONJA	VAN WYK	DESPATCH	F	36	35-39F	1.28.12	1
358	390	326	THEUNIS	MARAIS	MUIRITE	M	53	50-54M	1.28.13	1
359	260	1674	DU RAAN	BADENHORST	MADIBA	M	33	SM	1.28.16	1

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
360	449	1696	CHARL	MEISTRE	MADIBA	M	33	SM	1.28.17	1
361	577	4511	ROYSTON	VAN LEEVE	TEMP	M	34	SM	1.28.22	0
362	263	1284	DEAN	BOSMAN	VWAC	M	36	35-39M	1.28.30	1
363	672	1291	ASHENDA	MAKONIE	VWAC	F	43	40-44F	1.28.34	1
364	521	4521	PETER	MOFOMME	TEMP	M	44	40-44M	1.28.44	0
365	575	1636	CANDICE	VAN ROOYEN	MADIBA	F	32	SF	1.28.45	1
366	795	1637	CHRISTO	VAN ROOYEN	MADIBA	M	32	SM	1.28.45	1
367	614	1937	IAN	KILLIAN	BLUEBAY	M	29	SM	1.28.46	1
368	669	369	ASANDA	MSARO	IKHAMVA	F	32	SF	1.28.46	1
369	12	2244	SYLVAN	BLIGNAUT	MADIBAZ	M	59	55-59M	1.28.47	1
370	316	1943	TIM	BRAY	BLUEBAY	M	55	55-59M	1.28.51	1
371	776	6776	SIYABONGA	GALIMA	TEMP	M	34	SM	1.28.53	0
372	239	1294	CLINTON	FRANCIS	VWAC	M	45	45-49M	1.28.54	1
373	778	1717	ANTOINETTE	HUMAN	GELVAN	F	50	50-54F	1.29.00	1
374	116	974	PAULA	PEARCE	CHARLO	F	50	50-54F	1.29.09	1
375	70	296	LIZ	JENKERSON	MUIRITE	F	72	70+F	1.29.13	2
376	635	2413	LINZAY	QUIN	CRUSADE	F	29	SF	1.29.25	1
377	75	1924	MARKUS	KUNNEKE	BLUEBAY	M	49	45-49M	1.29.27	1
378	276	1708	DEON	SMITH	GELVAN	M	51	50-54M	1.29.28	1
379	353	1144	KEN	BARWOOD	ACH	M	63	60-64M	1.29.29	1
380	315	1119	TREMAINE	WESSON	ACH	M	58	55-59M	1.29.29	1
381	138	36	SHANE	SAUNDERS	PEAAC	M	51	50-54M	1.29.33	1
382	703	1339	LEZELL	HARRIS	VWAC	F	45	45-49F	1.29.41	1
383	366	100	LYNETTE	CRAUSE	INFINITY	F	58	55-59F	1.29.47	1
384	258	155	AHMED	MOHAMMED	MALABAR	M	46	45-49M	1.29.47	1
385	259	818	ASHRAF	KHAN	MALABAR	M	35	35-39M	1.29.48	1
386	631	1690	IRMA	INGRAM	MADIBA	F	53	50-54F	1.30.03	1
387	438	105	JOSE	DOS SANTOS	INFINITY	M	53	50-54M	1.30.05	1
388	20	967	MIKE	BURGER	CHARLO	M	59	55-59M	1.30.06	1
389	63	881	LISA	HEN-BOISEN	CHARLO	F	45	45-49F	1.30.08	1
390	386	648	KELLY	HOLMES	ASPEN	F	42	40-44F	1.30.10	1
391	760	1901	CARLA	YORK	BLUEBAY	F	28	SF	1.30.16	1
392	288	1336	LINDY	JONAS	VWAC	F	35	35-39F	1.30.18	1
393	436	115	LETA	DOS SANTOS	INFINITY	F	54	50-54F	1.30.20	1
394	28	916	CHARLES	CHOWLES	CHARLO	M	44	40-44M	1.30.25	1
395	201	760	TAMARA	KLOS	CRUSADE	F	34	SF	1.30.33	1
396	462	3039	RICHARD	WATKINS-BAKER	32GI	M	50	50-54M	1.30.37	1
397	790	2741	RICHARD	ZUNGU	SAPPE	M	52	50-54M	1.30.53	1
398	440	1157	GEOFF	ROBERTS	ACH	M	66	65-69M	1.30.57	1
399	580	4580	JACQUES	KOOPMAN	TEMP	M	34	SM	1.31.02	0
400	234	560	MARCELLE	MEYER	RUN4C	M	48	45-49M	1.31.02	1
401	585	4585	MASEDI	PAPALA	TEMP	M	30	SM	1.31.10	0
402	565	4565	ABRAHAM	PATRICK	TEMP	M	55	55-59M	1.31.13	0
403	511	511	UNKNOWN		TEMP	M	33	SM	1.31.20	0
404	477	76	RENIER	VAN VUUREN	PEAAC	M	61	60-64M	1.31.25	1
405	166	831	LINDI	VAN TONDER	CHARLO	F	40	40-44F	1.31.26	1
406	457	2052	JHANINEN	BOSHOFF	DESPATCH	F	52	50-54F	1.31.38	1
407	216	990	KIM	VENTER	CHARLO	F	34	SF	1.31.38	1
408	175	952	BIANCA	WELGEMOED	CHARLO	F	40	40-44F	1.31.38	1
409	196	4196	RENTIA	MEYER	TEMP	F	59	55-59F	1.31.39	0
410	451	328	GEORGE	MEIRING	MUIRITE	M	62	60-64M	1.31.49	1
411	339	713	DENISE	FERREIRA	CRUSADE	F	57	55-59F	1.31.50	1
412	373	2074	MOSSIE	MOSTERT	DESPATCH	M	55	55-59M	1.31.58	1
413	668	4668	ALVADO	ARENDSE	TEMP	M	44	40-44M	1.32.05	0
414	357	645	MONDE	NCOYO	ASPEN	M	62	60-64M	1.32.12	1
415	13	862	BENITA	BLOM KOTZE	CHARLO	F	39	35-39F	1.32.12	1
416	648	444	HENNIE	VAN DER KOLF	COEGA	M	60	60-64M	1.32.20	1
417	726	1206	WARREN	WAGENAAR	UPANDRUN	M	42	40-44M	1.32.26	1
418	3	1667	SUSAN	ALCOCK	MADIBA	F	52	50-54F	1.32.27	1
419	629	568	LISA	NASH	RUN4C	F	51	50-54F	1.32.28	1
420	223	2380	MONDE	MABALA	NMMUMAD	M	59	55-59M	1.32.38	0
421	647	450	JANETTE	VAN DER KOLF	COEGA	F	59	55-59F	1.32.40	1
422	723	51518	JANUARY	MTSHWENI	ESKOM	M	36	35-39M	1.32.42	0
423	165	780	SHAVONNE	VAN STADEN	CRUSADE	F	37	35-39F	1.32.43	1
424	177	791	CHANDRE	WEST	CRUSADE	F	43	40-44F	1.32.43	1
425	396	4396	ANTONIE	KOEN	TEMP	M	41	40-44M	1.32.55	0
426	398	4398	JAQUES	DU PLESSIS	TEMP	M	42	40-44M	1.32.56	0
427	660	302	HELEN	DEYZEL	MUIRITE	F	46	45-49F	1.33.06	1
428	290	1283	RYAN	RYAN	VWAC	M	28	SM	1.33.06	1
429	400	2113	YOLANDE	VAN ROOYEN	DESPATCH	F	39	35-39F	1.33.18	1
430	632	2104	ADELE	JANSE VAN RENSBURG	DESPATCH	F	48	45-49F	1.33.37	1
431	21	2378	CHARMAINE	BUTTON	MADIBAZ	F	55	55-59F	1.33.38	1

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
432	532	4532	LEA	CHANDLER	TEMP	F	52	50-54F	1.33.38	0
433	285	33	CHARLES	ROSE	PEAAC	M	65	65-69M	1.33.39	1
434	507	4507	CHRISTINE	WALE	TEMP	F	38	35-39F	1.33.49	0
435	645	1929	LIZELLE	NOTLEY	BLUEBAY	F	35	35-39F	1.33.50	1
436	233	566	TANIA	VAN NIEKERK	RUN4C	F	45	45-49F	1.34.05	1
437	45	1447	ANDRE	FOURIE	NEDBANK	M	71	70+M	1.34.20	1
438	651	223	SHARON	SMUTS	CSEP	F	52	50-54F	1.34.23	1
439	549	4549	KEVIN	MCLOUGHLIN	TEMP	M	38	35-39M	1.34.44	0
440	542	4542	LIEZEL	GOUSSARD	TEMP	F	36	35-39F	1.34.47	0
441	200	13965	ANTON	KAPP	MTNAC	M	47	45-49M	1.35.30	0
442	568	4568	THOBELA	MTANGA	TEMP	M	32	SM	1.35.30	0
443	476	1327	MARIUS	BESTER	VWAC	M	47	45-49M	1.35.30	1
444	253	2548	PETER	WIEHAHN	CRUSADE	M	46	45-49M	1.35.30	1
445	347	422	KOLISILE	MBETE	COEGA	M	41	40-44M	1.35.30	1
446	558	4558	CANDICE	SHARP	TEMP	F	35	35-39F	1.35.30	0
447	560	4560	NATALIE	BOSHOFF	TEMP	F	32	SF	1.35.30	0
448	254	1001	GARY	GEYER	BODYCON	M	56	55-59M	1.35.30	1
449	383	330	BENTLEY	HISCOCK	MUIRITE	M	51	50-54M	1.35.30	1
450	388	2042	ARUSHKE	HAEFELE	DESPATCH	F	38	35-39F	1.35.33	1
451	194	996	HEIDRIN	GERBER	CHARLO	M	49	45-49M	1.35.38	1
452	432	97	INA	MEAKER	INFINITY	F	57	55-59F	1.35.39	1
453	517	4517	STEFAN	VAN DER LINDE	TEMP	M	36	35-39M	1.35.41	0
454	459	2079	WILLIE	BOSHOFF	DESPATCH	M	58	55-59M	1.35.46	1
455	564	4564	LANIE	LANDSBERG	TEMP	F	34	SF	1.35.48	0
456	729	1225	SUNÁ@	POTGIETER	ELITEAC	F	36	35-39F	1.35.48	1
457	198	972	LLEWELLYN	IRELAND	CHARLO	M	31	SM	1.35.53	1
458	24	2204	WENDY	CAMERON	MADIBAZ	F	41	40-44F	1.35.54	1
459	172	4172	KEVIN	GARDNER	TEMP	M	39	35-39M	1.35.57	0
460	292	200	ERIKA	FOREMAN	CSEP	F	48	45-49F	1.35.58	1
461	66	1136	CATHY	IVES	ACH	F	65	65-69F	1.36.00	1
462	94	2282	NATHI	MFANYANA	MADIBAZ	M	36	35-39M	1.36.59	1
463	65	2305	DERRICK	HOSHE	MADIBAZ	M	60	60-64M	1.36.59	1
464	704	471	ZANDILE	SIYATA	WALMER	F	40	40-44F	1.37.01	1
465	371	1260	MIEMSIE	SWANEPOEL	ELITEAC	F	57	55-59F	1.37.05	1
466	74	1239	YOLANDE	KNOETZE	ELITEAC	F	51	50-54F	1.37.15	1
467	225	1165	LESLEY	MAGGOTT	ACH	F	51	50-54F	1.37.16	1
468	77	915	WILLI	LAWSON	CHARLO	M	66	65-69M	1.37.18	1
469	173	2783	JACQUES	VORSTER	SAPPE	M	52	50-54M	1.37.21	1
470	425	1725	PEARL	DAMONS	GELVAN	F	55	55-59F	1.37.23	1
471	544	4544	DANIELLA	VAN DER WALT	TEMP	F	36	35-39F	1.37.25	0
472	155	4155	ELLANDRE	DU PREEZ	TEMP	M	26	SM	1.37.28	0
473	348	3185	CHARLENE	LANGLEY	UPANDRUN	F	36	35-39F	1.37.30	1
474	349	3186	MARTIN	LANGLEY	UPANDRUN	M	38	35-39M	1.37.32	1
475	78	910	MICHELLE	LAWSON	CHARLO	F	60	60-64F	1.37.33	1
476	277	17774	KHAYA	MTI	ABSA	M	39	35-39M	1.37.42	0
477	323	53045	ZELDA	GERBER	32GI	F	42	40-44F	1.37.43	1
478	688	3061	LUNGILE	DASTILE	TRANSNET	M	35	35-39M	1.37.51	1
479	689	1854	ZOLANI	MQOQI	VUKANI	M	42	40-44M	1.37.53	1
480	261	2928	SINDILE	NOGQALA	TPTACEP	M	43	40-44M	1.37.53	1
481	102	2128	DOINA	NAUDE	MADIBAZ	F	37	35-39F	1.38.04	1
482	25	2302	AMBER	CHENG	MADIBAZ	F	26	SF	1.38.06	1
483	130	4130	SHAHIED	DAVIDS	TEMP	M	56	55-59M	1.38.12	0
484	307	1837	RICCARDO	TEMMERS	VUKANI	M	45	45-49M	1.38.15	1
485	442	777	CHARLES	RENNIE	CRUSADE	M	54	50-54M	1.38.15	1
486	6	2402	VICKY	ASHLEY	PROFILES	F	73	70+F	1.38.29	1
487	256	1110	KATIE	MORRIS	ACH	F	35	35-39F	1.38.35	1
488	387	1135	MOF	BOTHA	ACH	M	63	60-64M	1.38.38	1
489	602	2775	JILLIEN	BOWER	SAPEC	F	29	SF	1.38.39	0
490	176	891	LYNN	WELMAN	CHARLO	F	39	35-39F	1.38.44	1
491	706	1388	JAN	GERBER	NEDBANK	M	42	40-44M	1.38.58	1
492	470	1702	LEONARD	GROVES	GELVAN	M	54	50-54M	1.39.02	1
493	230	1731	GERALDINE	LEO	GELVAN	F	61	60-64F	1.39.03	1
494	529	4529	NERISSA	WALTON	TEMP	F	41	40-44F	1.39.10	0
495	181	4181	DAVID	GWABENI	TEMP	M	40	40-44M	1.39.14	0
496	119	1850	ABONGILE	PEZA	VUKANI	M	35	35-39M	1.39.17	1
497	360	1231	HELENE	OPPEL	ELITEAC	F	69	65-69F	1.39.19	1
498	613	1961	JEVAN	DAVIS	BLUEBAY	M	32	SM	1.39.29	1
499	785	2078	HENRY	HULME	DESPATCH	M	53	50-54M	1.39.31	1
500	435	2959	BONGEKA	FUZILE	TPTACEP	F	33	SF	1.39.32	1
501	340	579	JANET	FANTON	RUN4C	F	56	55-59F	1.39.35	1
502	608	1399	NIKIWE	YOYO	NEDBANK	F	46	45-49F	1.39.37	1
503	634	2120	ADRIAAN	OLIVIER	DESPATCH	M	40	40-44M	1.39.37	1

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
504	8	437	BUNTU	BAM	COEGA	M	32	SM	1.39.37	1
505	534	4534	RYAN	ODENDAAL	TEMP	M	33	SM	1.39.37	0
506	777	1131	FRANCOIS	PETERSE	XCEL	M	53	50-54M	1.39.37	1
507	322	3027	MICHAEL	FOWLER	32GI	M	52	50-54M	1.39.37	1
508	106	1261	TAMMY	NEVELING	ELITEAC	F	26	SF	1.39.37	1
509	68	1217	NADIA	JANSE VAN RENSBURG	ELITEAC	F	29	SF	1.39.37	1
510	731	1849	NOTOZOLA	JAM JAM	VUKANI	F	37	35-39F	1.39.38	1
511	42	1256	DANIEL	FERREIRA	ELITEAC	M	60	60-64M	1.39.50	1
512	702	1340	LAVINIA	PIETERSE	VWAC	F	44	40-44F	1.39.55	1
513	31	542	TANIA	COWLEY	RUN4C	F	52	50-54F	1.39.58	1
514	26	874	WAYNE	CHERRY	CHARLO	M	46	45-49M	1.40.16	1
515	422	2058	RONNIE	JONKER	DESPATCH	M	49	45-49M	1.40.22	1
516	502	4502	NATASHA	NOLTE	TEMP	F	41	40-44F	1.40.35	0
517	503	4503	MANDY	PETERS	TEMP	F	49	45-49F	1.40.35	0
518	530	4530	CINDY	KICKHOFEL	TEMP	F	44	40-44F	1.40.37	0
519	224	1463	RONELLE	STEYN	NEDBANK	F	74	70+F	1.40.43	1
520	157	917	VICKY	TSOUKNIDAS	CHARLO	F	41	40-44F	1.41.03	1
521	58	2254	MLULEKI	GQOBOSE	MADIBAZ	M	49	45-49M	1.41.05	1
522	687	507	BULELWA	MASOKA	MOTHER	F	38	35-39F	1.41.09	1
523	377	2397	INGE	WILLIAMSON	PROFILES	F	25	SF	1.41.22	1
524	80	898	JACKIE	LONGWORTH	CHARLO	F	40	40-44F	1.41.23	1
525	329	1307	DONALD	KLEINBOOI	VWAC	M	50	50-54M	1.41.27	1
526	264	2526	SIMANGILE	SOLWANDLE	HOLLY	F	27	SF	1.41.29	0
527	124	884	KRISH	PILLAY	CHARLO	M	57	55-59M	1.41.30	1
528	1	2213	WARDA	ABRAHAMS	MADIBAZ	F	29	SF	1.41.31	1
529	426	1741	JASMINE	JACK	GELVAN	F	47	45-49F	1.41.32	1
530	127	315	STEPHANUS	PRETORIUS	MUIRITE	M	61	60-64M	1.41.34	1
531	331	1301	PIETER	STEYN	VWAC	M	60	60-64M	1.42.05	1
532	798	2924	MVULELI	MALAHLA	TPTACEP	M	45	45-49M	1.42.08	1
533	751	2557	FAYROEZ	ALLY	MALABAR	F	52	50-54F	1.42.09	1
534	452	2098	LAETITIA	SMITH	TEMP	F	49	45-49F	1.42.12	0
535	644	2087	ALVIN	MATSIMELLA	DESPATCH	M	58	55-59M	1.42.45	1
536	81	1903	JACKI	LYLE	BLUEBAY	F	38	35-39F	1.42.45	1
537	345	196	AUBREY	LE ROUX	CSEP	M	65	65-69M	1.42.55	1
538	123	907	PAVANA	PILLAY	CHARLO	F	18	JF	1.43.15	1
539	643	7	KEVIN	BENADE	PEAAC	M	50	50-54M	1.43.21	1
540	121	901	EUSENTHA	PILLAY	CHARLO	F	53	50-54F	1.43.27	1
541	226	4226	NEVILLE	MARTIN	TEMP	M	59	55-59M	1.43.36	0
542	745	1890	FULUFHELO	NDALAMBI	VUKANI	F	29	SF	1.43.40	1
543	304	1733	DENVER	PEACOCK	GELVAN	M	41	40-44M	1.43.41	1
544	297	1263	YOLANDA	DEYSEL	ELITEAC	F	43	40-44F	1.43.47	1
545	9	69	ROWAN	BENTLEY	PEAAC	M	58	55-59M	1.43.55	1
546	578	4578	ALFY	PETRUS	TEMP	M	56	55-59M	1.43.58	0
547	351	1557	SHANAAZ	FRITZ	NEDBANK	F	40	40-44F	1.44.09	1
548	788	1680	HELENA	FYVER	CHARLO	F	34	SF	1.44.10	1
549	450	1202	RICHELLE	MEISTRE	TEMP	F	34	SF	1.44.11	0
550	48	2421	SHAMILA	FRANCIS	PROFILES	F	39	35-39F	1.44.11	1
551	336	45	SICELO	THABETHE	PEAAC	M	45	45-49M	1.44.13	1
552	504	4504	JUDY	ROSSOUW	TEMP	F	37	35-39F	1.44.17	0
553	187	4187	SONIA	HAMBRIDGE	TEMP	F	52	50-54F	1.44.36	0
554	382	2420	JACQUI	VAN ROOYEN	PROFILES	F	44	40-44F	1.44.38	1
555	128	4128	REINHARDT	BOTHA	TEMP	M	23	SM	1.44.49	0
556	199	1377	KEREN	JOOMAN	NEDBANK	F	32	SF	1.44.51	1
557	491	1969	NICK	FERREIRA	BLUEBAY	M	68	65-69M	1.45.03	1
558	615	1932	ALICIA	KILLIAN	BLUEBAY	F	25	SF	1.45.10	1
559	90	2284	MANDISA	MAZINYO	MADIBAZ	F	43	40-44F	1.45.12	1
560	673	238	ASANDA	MTSHIKWANA	MOTHER	F	36	35-39F	1.45.18	1
561	101	902	ANUSHA	NAIDU	CHARLO	F	52	50-54F	1.45.33	1
562	548	5442	ANDRE	BOWER	TEMP	M	64	60-64M	1.45.35	0
563	154	465	HELMUT	TERBLANS	WALMER	M	53	50-54M	1.45.36	1
564	242	1632	JOS	ELS	MADIBA	F	66	65-69F	1.45.43	1
565	227	334	NEIL	GROBLER	MUIRITE	M	58	55-59M	1.45.56	1
566	623	562	JUDITH	NIENABER	RUN4C	F	59	55-59F	1.46.16	1
567	202	552	BERNADETTE	LOOCK	RUN4C	F	39	35-39F	1.46.19	1
568	251	216	SUNET	HARRIS	CSEP	F	45	45-49F	1.46.32	1
569	255	2415	TARRYN	ROSSI	CRUSADE	F	33	SF	1.46.38	1
570	372	1453	XOLISA	MHULUHULU	NEDBANK	M	40	40-44M	1.46.44	1
571	691	3531	DANIEL	MOORE	ASPEN	M	30	SM	1.46.55	1
572	573	4753	LUSAPHO	PITANA	TEMP	M	26	SM	1.47.04	0
573	272	1778	ROLAND	KAYSTER	KOUGA	M	43	40-44M	1.47.05	1
574	98	2286	GEROME	MINTOOR	MADIBAZ	M	51	50-54M	1.47.06	1
575	206	918	MAXINE	MILLAR	CHARLO	F	31	SF	1.47.14	1

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
576	218	942	GAVIN	ZWARENSTEIN	CHARLO	M	34	SM	1.47.14	1
577	363	1715	DAVID	RENSBURG	GELVAN	M	53	50-54M	1.47.22	1
578	55	2335	DEIDRE	GERBER	MADIBAZ	F	47	45-49F	1.47.27	1
579	761	170	CEDRIC	BOTHA	SANDFEP	M	63	60-64M	1.47.42	1
580	309	9104	MARULETTE	ERASMUS	FORDMC	F	54	50-54F	1.47.50	0
581	310	16611	KOBUS	BOTES	TEMP	M	66	65-69M	1.47.50	0
582	473	1723	REHANA	DE MAINE	GELVAN	F	51	50-54F	1.47.50	1
583	34	943	DENISE	DARLOW	CHARLO	F	50	50-54F	1.47.55	1
584	603	1296	JO-ANNE	ALLIE	VWAC	F	55	55-59F	1.48.19	1
585	508	4508	LEESLE	WYNFORD	TEMP	F	45	45-49F	1.48.20	0
586	490	1660	GLENYS	FERREIRA	MADIBA	F	67	65-69F	1.48.20	1
587	657	3466	ALBERT	DU PLESSIS	RUN4C	M	27	SM	1.48.55	1
588	252	1634	TANIA	TRUTER	MADIBA	F	46	45-49F	1.49.07	1
589	11	988	NOLA	BEZUIDENHOUT	CHARLO	F	56	55-59F	1.49.20	1
590	245	2038	JORLINA	BOTHA	DESPATCH	F	48	45-49F	1.49.22	1
591	510	4510	ERNST	MARAIS	TEMP	M	69	65-69M	1.49.23	0
592	611	1342	CHRISTOPHER	BRUINTJIES	VWAC	M	46	45-49M	1.49.30	1
593	120	78	JEANETTE	PIENAAR	PEAAC	F	70	70+F	1.49.33	1
594	209	2372	VINCENT	NAIR	MADIBAZ	M	55	55-59M	1.49.47	1
595	334	2172	XOLANI	LUTHULI	OMAC	M	41	40-44M	1.50.28	0
596	62	93	STEPHANIE	HAY	INFINITY	F	63	60-64F	1.50.28	1
597	9420	50192	SITEMBILE	GOQWANA	QOKOL	M	34	SM	1.50.29	0
598	326	512	SIZIWE	KOSI	MOTHER	F	39	35-39F	1.50.31	1
599	211	2596	BUYISWA	NGXONONO	TINARHA	F	41	40-44F	1.50.37	1
600	160	829	JOHLI	VAN EEDEN	CHARLO	F	49	45-49F	1.50.44	1
601	686	1882	MBULELO	MENGU	VUKANI	M	45	45-49M	1.50.46	1
602	150	2301	SIMON	STRIMLING	MADIBAZ	M	57	55-59M	1.50.59	1
603	174	550	LIEZEL	WAIT	RUN4C	F	45	45-49F	1.51.24	1
604	753	151	SALAAMA	DOLLEY	MALABAR	F	50	50-54F	1.51.37	1
605	257	516	THEMBISILE	VETSHEZA	MOTHER	F	38	35-39F	1.51.42	1
606	744	436	NOSICELO	BIYANA	COEGA	F	42	40-44F	1.51.53	1
607	793	383	NOBESUTHU	KHONJWA	IKHAMVA	F	29	SF	1.51.57	1
608	320	2072	LIEZEL	LERM	DESPATCH	F	48	45-49F	1.52.03	1
609	295	1947	GEOFF	HAWKRIDGE	BLUEBAY	M	71	70+M	1.52.22	1
610	36	871	RICHARD	DE ANDRADE	CHARLO	M	58	55-59M	1.52.33	1
611	752	2556	RAFICK	ALLY	MALABAR	M	51	50-54M	1.52.38	1
612	489	2187	MATAPELO	NOYI	MADIBAZ	F	35	35-39F	1.53.14	1
613	498	1302	ZUKISWA	LAMANI	VWAC	F	44	40-44F	1.53.15	1
614	47	1446	HELEN	FOURIE	NEDBANK	F	49	45-49F	1.53.24	1
615	148	4148	AYANDA	DELIWE	TEMP	F	35	35-39F	1.53.31	0
616	113	1938	SONJA	OLIVIER	BLUEBAY	F	51	50-54F	1.53.36	1
617	712	2790	ABEGAIL	TEYISE	SAPPE	F	46	45-49F	1.53.38	1
618	311	1233	CHRISTINE	FOURIE	ELITEAC	F	72	70+F	1.53.40	1
619	122	900	THURAYA	PILLAY	CHARLO	F	16	JF	1.54.10	1
620	41	1960	ERICA	ERASMUS	BLUEBAY	F	49	45-49F	1.54.32	1
621	185	966	SONJA	BOSCH	CHARLO	F	56	55-59F	1.54.33	1
622	189	980	GWEN	CROUS	CHARLO	F	29	SF	1.54.56	1
623	610	1266	DAVID	CHENGWE	VWAC	M	41	40-44M	1.54.56	1
624	1441	533	JULIUS	SHOGOLE	MOTHER	M	66	65-69M	1.54.58	1
625	536	4536	MOLIEGI	NDAMASE	TEMP	F	37	35-39F	1.55.26	0
626	652	2733	TANIA	ZEELIE	SAPPE	F	43	40-44F	1.55.27	1
627	197	971	MELISSA	IRELAND	CHARLO	F	28	SF	1.55.47	1
628	191	4191	PETRUS	HATTINGH	TEMP	M	52	50-54M	1.55.54	0
629	475	1954	NWABISA	MSUTHWANA	BLUEBAY	F	38	35-39F	1.56.00	1
630	746	2748	RIAAN	THOMAS	SAPPE	M	39	35-39M	1.56.11	1
631	32	761	NTOKOZO	DAMBUZA	CRUSADE	F	40	40-44F	1.56.20	1
632	93	1476	NTOMBIZINE	MEKUTO	NEDBANK	F	49	45-49F	1.56.22	1
633	576	4576	LUTHANDO	LUBISA	TEMP	M	38	35-39M	1.57.23	0
634	51	998	ROBERT	GALLOWAY	CHARLO	M	67	65-69M	1.57.44	1
635	115	27	GESINA	OOSTHUIZEN	PEAAC	F	60	60-64F	1.57.47	1
636	327	2029	WINSON	BOUWER	DESPATCH	M	34	SM	1.57.50	1
637	235	1338	ALEX	JONAS	VWAC	F	57	55-59F	1.58.05	1
638	289	1297	CLIFFORD	JONAS	VWAC	M	55	55-59M	1.58.05	1
639	278	476	SUNETH	VAN RENSBURG	WALMER	F	54	50-54F	1.58.36	1
640	247	976	ALMA	FOURIE	CHARLO	F	61	60-64F	1.59.13	1
641	683	2800	MAVIS	MBELE	SAPPE	F	58	55-59F	1.59.20	1
642	612	1970	ROZANNE	PIETERSE	BLUEBAY	F	25	SF	1.59.24	1
643	286	1497	SHIRLEEN	CLARKE	NEDBANK	F	56	55-59F	1.59.27	1
644	330	495	SHARON	POTGIETER	WALMER	F	54	50-54F	1.59.27	1
645	606	2931	SICELO	TOBI	TPTACEP	M	50	50-54M	1.59.30	1
646	29	1105	ROBIN	CLARK	ACH	M	77	70+M	1.59.59	1
647	117	500	ALAN	PENNEY	WALMER	M	72	70+M	2.00.20	1

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
648	205	1461	VOLENTI	MEYER	NEDBANK	F	41	40-44F	2.01.57	1
649	468	2088	RHYNO	OLIVIER	DESPATCH	M	49	45-49M	2.02.10	1
650	343	321	TIMOTHY	EMMERSON	MUIRITE	M	58	55-59M	2.02.48	1
651	789	1325	CRESWELLE	SLOTTO	VWAC	M	45	45-49M	2.03.14	1
652	762	1839	BANOYOLO	GQOLI	VUKANI	F	37	35-39F	2.03.22	1
653	375	1703	GODFREY	KARIEM	GELVAN	M	78	70+M	2.03.53	1
654	531	4531	ROBERT	GARDNER	TEMP	M	43	40-44M	2.04.02	0
655	407	2025	ELAINE	GARDNER	DESPATCH	F	46	45-49F	2.04.03	1
656	553	4553	BRADLEY	ANDREW	TEMP	M	24	SM	2.05.33	0
657	231	1487	SHELDINE	SEPTOE	NEDBANK	F	57	55-59F	2.06.18	1
658	675	1408	VUYOKAZI	MAQUBELA	NEDBANK	F	38	35-39F	2.06.22	1
659	319	1276	ASHWELL	JONAS	TEMP	M	45	45-49M	2.06.43	0
660	655	567	RITA	GERBER	RUN4C	F	58	55-59F	2.07.24	1
661	82	842	EDITH	MAC GEAR	CHARLO	F	51	50-54F	2.08.35	1
662	262	4262	PUMEZA	KETSHENGANA	TEMP	F	37	35-39F	2.08.36	0
663	545	4545	CHAMAIGNE ZODWA	CHABANE	TEMP	F	29	SF	2.08.53	0
664	156	2761	NDILEKA	THOMPSON	CRUSADE	F	41	40-44F	2.08.53	1
665	443	3150	ANNA	WELGEMOED	CSEP	F	49	45-49F	2.09.29	1
666	624	2497	COREEN	LEANDER	XCEL	F	45	45-49F	2.09.32	1
667	434	1249	RINA	BARNARD	ELITEAC	F	65	65-69F	2.09.42	1
668	72	119	ANGELINE	KIVEDO	INFINITY	F	73	70+F	2.10.56	1
669	59	1287	BANDILE	GWAMANDA	VWAC	M	48	45-49M	2.12.12	1
670	677	434	BUSISIWE	NZO	COEGA	F	43	40-44F	2.12.49	1
671	308	1642	SANDRA	SHARE	MADIBA	F	53	50-54F	2.12.56	1
672	314	297	MARIA	DELPORT	MUIRITE	F	63	60-64F	2.12.57	1
673	485	1925	ANNA-LISA	DYAKALA	BLUEBAY	F	44	40-44F	2.13.19	1
674	546	438	NTOMBOHLOBO	FUNDANI	COEGA	F	38	35-39F	2.13.19	1
675	499	365	THEMBISA	JACK	IKHAMVA	F	43	40-44F	2.13.19	1
676	293	186	JEAN-MARIE	FOREMAN	CSEP	F	24	SF	2.15.04	1
677	248	983	MARIUS	CROUCAMP	CHARLO	M	64	60-64M	2.15.05	1
678	73	2269	THEMBI	KLAAS	MADIBAZ	M	43	40-44M	2.16.05	1
679	555	4555	NOMAKHAYA	WILLIAMS	TEMP	F	34	SF	2.16.22	0
680	273	559	SILVIA	JONCK	RUN4C	F	57	55-59F	2.16.57	1
681	579	4579	NICKY	BOTHA	TEMP	F	47	45-49F	2.17.13	0
682	91	1527	ANSJA	MCKENZIE	NEDBANK	F	32	SF	2.17.26	1
683	495	564	SHANTE	GERBER	RUN4C	F	26	SF	2.17.38	1
684	509	4509	MARISA	BLOEM	TEMP	F	45	45-49F	2.19.24	0
685	697	388	SANDISE	SITUNDA	IKHAMVA	F	36	35-39F	2.19.46	1
686	143	20	BRIAN	SMITH	PEAAC	M	75	70+M	2.19.53	1
687	656	569	PIETER	GERBER	RUN4C	M	60	60-64M	2.22.22	1
688	35	1159	LYNDENE	DAVIDSON	PROFILES	F	43	40-44F	2.22.51	1
689	137	2381	VAL	SANDOW	PROFILES	F	73	70+F	2.23.18	1
690	18	577	JEANNE	BOTHA	RUN4C	F	50	50-54F	2.24.50	1
691	170	962	MILE	VERMAAK	CHARLO	F	52	50-54F	2.24.59	1
HELPERS RUN										
H1	5001	5001	SEBASTIAN	KLEU	TEMP	M	42	40-44M	1.04.39	0
H2	5002	1613	TUMELO	MOCHELENYANE	NEDBANK	M	36	35-39M	1.04.47	3
H3	5003	1191	ALAN	TAYLOR	ACH	M	61	60-64M	1.05.16	5
H4	5004	1491	DEON	PRETORIUS	NEDBANK	M	53	50-54M	1.05.43	4
H5	5005	1457	RICHARD	MAZUNGULA	NEDBANK	M	42	40-44M	1.08.07	2
H6	5006	1393	NZUZO	NOQEKWA	NEDBANK	M	40	40-44M	1.08.36	2
H7	5007	1411	THEMBINKOSI	SINGQOTO	NEDBANK	M	42	40-44M	1.08.54	2
H8	5008	3434	JOHANN	POSTMA	ELITEAC	M	53	50-54M	1.08.56	3
H9	5009	1401	MARTIN	JANSEN	NEDBANK	M	50	50-54M	1.09.26	3
H10	5010	1378	THEMBELANI	MABONGO	NEDBANK	M	40	40-44M	1.13.04	2
H11	5011	1352	TOEGEDA	VYVER	NEDBANK	F	46	45-49F	1.13.07	3
H12	5012	1420	GRAEME	TING CHONG	NEDBANK	M	50	50-54M	1.13.57	2
H13	5013	1503	LOUIS	VAN EYK	NEDBANK	M	39	35-39M	1.14.46	2
H14	5014	1580	BENEDICT	WILSON	NEDBANK	M	40	40-44M	1.15.04	2
H15	5015	1548	REBECCA	JORDAAN	NEDBANK	F	28	SF	1.15.06	2
H16	5016	5016	REON	VAN RENSBURG	TEMP	M	46	45-49M	1.15.11	0
H17	5017	1502	CAMARIN	VAN EYK	NEDBANK	F	36	35-39F	1.15.13	2
H18	5018	1818	JAN	VAN EEDEN	NEDBANK	M	60	60-64M	1.15.16	3
H19	5019	1524	SAM	ERASMUS	NEDBANK	M	61	60-64M	1.16.26	2
H20	5020	3030	JONATHAN	MANDELL	32GI	M	54	50-54M	1.17.30	2
H21	5021	1353	TAWFEEQ	VYVER	NEDBANK	M	20	SM	1.18.03	1
H22	5022	1585	KOOS	OLIVIER	NEDBANK	M	61	60-64M	1.18.04	2
H23	5023	825	GEORGE	WINSHIP	CHARLO	M	53	50-54M	1.18.20	2
H24	5024	1494	WERNER	MEYER	NEDBANK	M	45	45-49M	1.18.49	2
H25	5025	978	LOUISE	AXON	CHARLO	F	40	40-44F	1.18.56	2
H26	5026	1548	JEANDRE	JORDAAN	NEDBANK	M	35	35-39M	1.18.58	1
H27	5027	1602	WENDY	VAN DER MERWE	CSEP	F	44	40-44F	1.19.18	2

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
H28	5028	114	LAURA	MARITZ	INFINITY	F	58	55-59F	1.20.01	3
H29	5029	1357	SHAUN	NEL	NEDBANK	M	43	40-44M	1.20.03	1
H30	5030	1468	CHRISTEL	SMITH	NEDBANK	F	46	45-49F	1.20.53	2
H31	5031	1623	DELIWE	NYANGA	NEDBANK	F	29	SF	1.20.55	1
H32	4031	1489	MARTIE	VAN SCHALKWYK	NEDBANK	F	54	50-54F	1.20.59	2
H33	5032	1542	WESSEL	WOLMARANS	NEDBANK	M	40	40-44M	1.22.04	1
H34	5033	634	JO-ANNE	FORSON	ASPEN	F	31	SF	1.22.23	1
H35	5034	3512	SIYABONGA	NGCOBO	NEDBANK	M	26	SM	1.22.41	1
H36	5035	3012	CORRIE	DE WITT	32GI	F	40	40-44F	1.22.59	1
H37	5036	1356	BEYERS	LAMPRECHT	NEDBANK	M	50	50-54M	1.25.09	1
H38	5037	1449	JOHAN	BARNARD	NEDBANK	M	63	60-64M	1.26.39	1
H39	5038	1245	WILLEM	DAFEL	ELITEAC	M	50	50-54M	1.26.39	1
H40	5040	1483	MARIUS	SNYMAN	NEDBANK	M	54	50-54M	1.26.39	1
H41	5041	1395	RUBERTO	MAY	NEDBANK	M	41	40-44M	1.27.48	1
H42	5042	5042	CHARMELLE	MAY	TEMP	F	37	35-39F	1.27.48	0
H43	5043	1470	LYNDON	BAGLEY	NEDBANK	M	50	50-54M	1.28.34	1
H44	5044	1510	SAMIER	ABRAHAMS	NEDBANK	M	48	45-49M	1.28.48	1
H45	5045	1111	GRAHAM	CHANNON	ACH	M	69	65-69M	1.30.00	1
H46	5046	1579	THERESA	BUCHNER	NEDBANK	F	33	SF	1.30.49	1
H47	5047	1574	SINOXOLO	NYIKA	NEDBANK	F	25	SF	1.30.56	1
H48	5048	1480	MARIANE	VAN DER LINDE	NEDBANK	F	40	40-44F	1.31.14	1
H49	5049	1496	PAUL	STEFFENS	NEDBANK	M	67	65-69M	1.31.21	1
H50	5050	59	EMMERENCHIA	SLABBERT	PEAAC	F	46	45-49F	1.31.21	1
H51	4050	1351	DEON	VYVER	NEDBANK	M	52	50-54M	1.32.00	1
H52	5051	1147	LIZ	PRINS	ACH	F	49	45-49F	1.32.50	1
H53	5052	187	SYLMA	WATKINS	CSEP	F	50	50-54F	1.33.18	1
H54	5053	1678	BUSISIWE	LESORO	MADIBA	F	47	45-49F	1.33.18	1
H55	5054	2779	HERMAN	DEKKER	SAPPE	M	74	70+M	1.33.58	1
H56	5055	933	JO-ANNE	OSBORN	CHARLO	F	46	45-49F	1.35.18	1
H57	5056	1384	NOYISE	LUVALO	NEDBANK	F	39	35-39F	1.35.56	1
H58	5057	1421	ANNELINE	RAUTENBACH	NEDBANK	F	50	50-54F	1.36.31	1
H59	5058	2720	SBONGILE	MCETYWA	ADVEN	M	39	35-39M	1.37.06	1
H60	5059	1571	DORIS	GERBER	NEDBANK	F	48	45-49F	1.38.10	1
H61	5060	5060	THANDIWE	NKWANDLA	NEDBANK	F	53	50-54F	1.39.43	1
H62	5061	88	WYNAND	CRAUSE	INFINITY	M	29	SM	1.41.22	1
H63	5062	2778	MICHAEL	DEKKER	SAPPE	M	46	45-49M	1.41.36	1
H64	5063	1122	BOB	STEDMAN	ACH	M	69	65-69M	1.41.51	1
H65	5064	2777	HESTER	DEKKER	SAPPE	F	47	45-49F	1.41.55	1
H66	5065	1417	GENEVIEVE	LAYCOCK	NEDBANK	F	49	45-49F	1.42.5	1
H67	5066	1631	AMANDA	BLIGNAULT	MADIBA	F	59	55-59F	1.42.54	1
H68	5067	1348	ESTELLE	DE KLERK	NEDBANK	F	52	50-54F	1.43.43	1
H69	5068	1541	LYNN	LOYSON	NEDBANK	F	48	45-49F	1.43.43	1
H70	5069	1912	COLIN	INGRAM	BLUEBAY	M	59	55-59M	1.43.43	1
H71	5070	1486	JOHAN	FERREIRA	NEDBANK	M	57	55-59M	1.44.24	1
H72	5071	1514	DAVID	O'REILLY	NEDBANK	M	71	70+M	1.46.24	1
H73	5072	1962	ANDRE	PIENAAR	BLUEBAY	M	56	55-59M	1.49.53	1
H74	5073	1500	JAN	LE ROUX	NEDBANK	M	59	55-59M	1.50.36	1
H75	5074	954	LYNETTE	COLE	CHARLO	F	54	50-54F	1.50.51	1
H76	5075	1545	BERENICE	SMITH	NEDBANK	F	54	50-54F	1.51.06	1
H77	5076	1592	GORDON	POTGIETER	NEDBANK	M	48	45-49M	1.53.31	1
H78	5077	1558	FADILLA	FRITZ	NEDBANK	F	45	45-49F	1.56.39	1
H79	5078	1434	DIANNE	HARTZENBERG	NEDBANK	F	60	60-64F	2.04.31	1
H80	5079	1368	CLARISSA	BENDER	NEDBANK	F	45	45-49F	2.07.16	1
H81	5080	1366	GERAIN	DAVID	NEDBANK	F	48	45-49F	2.07.16	1
H82	5081	1955	VICKI	REYNOLDS	BLUEBAY	F	55	55-59F	2.10.19	1

PRES
0
0
0
0
10
0
0
0
0
0
0
0
0
0
0
0
0
0
0
0
0
0
9
0
0
0
0
0
0
8
0
0
0
0
0
7
0
0
0
0
0
0
0
0
0
0
0
0
0
6
5
0
0
0
0
4
0
0
0
3
0
0
0
0
0
0
0
0
0
0
0
0
0
0
0
0
2
0
1
0

PRES

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

PRES

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

PRES

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

PRES

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

PRES

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

PRES

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

PRES

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0

0
